

Flu Vaccine for You & Your Baby

Did you know?

Pregnant women, young adults and young children are at a greater risk for flu infections and its complications. There are vaccines that may protect you or your loved one from this virus. These groups are considered a priority to be vaccinated:

- Pregnant women
- Parents and care givers of children less than 6 months old (babies under 6 months of age may not receive the vaccine)
- Babies, children and young adults 6 months through 24 years old

There are 2 flu vaccines this year:

- Seasonal flu vaccine available in September
- H1N1 flu vaccine available later in fall

Aside from getting vaccinated, use these measures to protect yourself from getting sick:

- Wash hands often
- Avoid touching the eyes, nose and mouth
- Stay away from people who are sick



Pregnant women are a priority for vaccination



Keep your baby safe by staying healthy

Macomb County Health Department offers 3 Clinic locations for vaccines.

Central Health Center 586-469-5372
43525 Elizabeth Mt. Clemens, MI 48043
Southeast Health Center 586-466-6800
25401 Harper St. Clair Shores, MI 48081
Southwest Health Center 586-465-8537
27690 Van Dyke Warren, MI 48093

Keep Alert! Additional locations will be available.

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