

# Health Education

- ◆ Develops and gives presentations to community, school, worksite and professional groups on a variety of health topics
- ◆ Designs educational/promotional materials and displays.
- ◆ Performs lead role in developing and implementing goals and objectives of the Macomb County Tobacco Prevention Coalition – *focused on preventing and reducing tobacco use and promoting clean indoor air in Macomb County*
- ◆ Develops and implements goals and objectives of the “Healthy Kids/Healthy Futures Coalition” of Macomb County – *dedicated to improving nutrition and physical activity opportunities for Macomb County’s youth*
- ◆ Provides free child car seat inspections on an appointment basis; child passenger safety presentations, information and displays



*...motivating residents to take charge of their health*

# Community Health Outreach Program

- ◆ Provides health education & outreach services through two community outreach offices - Mt. Clemens & Clinton Township.
- ◆ Links clients to needed community services
- ◆ Transportation available to eligible clients for medical appointments
- ◆ Supports clients through telephone contacts and home visits

*...providing access to community resources*

# Nutrition Services



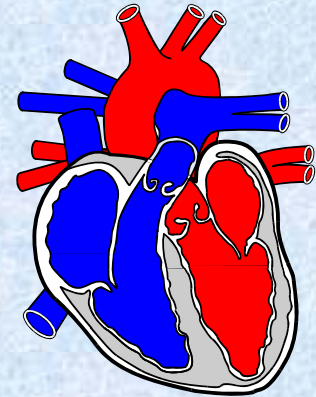
- ◆ Nutrition education, consultations and referral services to individuals, schools, health professionals and community groups
- ◆ Provides nutrition education materials and assists in community nutrition events
- ◆ Provides nutrition support services to public health nursing staff and programs



*. .actively promoting good nutrition to improve health and prevent chronic disease*

# Cardiovascular Disease Risk Reduction

- ◆ Provides free blood pressure and heart disease risk assessment screenings at various community sites to County Residents 18 years of age and older.
- ◆ Provides education and referral for those clients at risk for heart disease.
- ◆ Exhibits community awareness displays on cardiovascular disease risk reduction.
- ◆ Provides school-based educational programs to children in preschool thru 5<sup>th</sup> grade.



*. . .working to keep your heart healthy*