

Macomb County Essential Services Resource Guide



Guide prepared and sponsored by the Macomb County Board of Commissioners.

Revised 9/1/09

For any human service need, call United Way 2-1-1 (or 1-800-552-1183) for information and referral.
Most programs have eligibility requirements. Call the phone number listed for complete information.

CHILD CARE			
Service Provided	Agency/Organization	Phone Number	Web site
Links to child care and child support information.	State of Michigan	n/a	http://www.michigan.gov/helpinghand
To find child care providers.	MSUE	586-469-6993	http://www.macombcountymi.gov/msuextension/
Help paying child care costs in order to work.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Head Start/free preschool for 3- and 4-year old children from income eligible families.	MCCSA	586-469-5215	http://www.macombcountymi.gov/mccsa/
Child Support Review for payers of support who run out of unemployment benefits.	Macomb County Friend of the Court	586-469-5160	http://www.macombcountymi.gov/circuitcourt/friendofthecourt.htm

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CLOTHING/HOUSEHOLD GOODS			
Service Provided	Agency/Organization	Phone Number	Web site
Thrift store with clothing and other items for purchase.	Second Hand Rose	586-468-3083	http://www.turningpointinc.com/second_hand_rose.php
Thrift store with clothing and other items for purchase.	St. Vincent de Paul	586-792-3500	http://www.svdpusa.org/AboutUs/FindaThriftStore/tabid/174/language/en-US/Default.aspx
Thrift store with clothing and other items for purchase.	Salvation Army	Center Line: 586-759-2090, Clinton Twp: 586-790-4820, New Baltimore: 586-716-8625, St. Clair Shores: 586-541-0397, Shelby Twp: 586-685-1078, Sterling Heights: 586-264-0913	http://www.satruck.org/
Thrift store with clothing and other items for purchase.	various others	check phone book/search online	n/a
To obtain furniture at little or no cost (must have referral).	Furniture Bank of Southeast Michigan	586-393-6772	http://furniture-bank.org/
Referrals to providers of clothing, including baby clothes.	Various faith based organizations	2-1-1 (1-800-552-1183)	n/a
Community clothing swaps.	various	various - search online	n/a

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FOOD			
Service Provided	Agency/Organization	Phone Number	Web site
Soup kitchens serving lunch.	Salvation Army	Warren: 586-754-7400, Mount Clemens: 586-469-6712	http://www.usc.salvationarmy.org/
Free prepared meals (various locations)	Faith based organizations	various locations, see <macombresources.info>	http://macombresources.info/
Supply of emergency food from network of 55 pantries.	MCCSA (Macomb Food Program)	2-1-1 (or 1-800-552-1183)	http://www.macombcountymi.gov/mccsa/
Food assistance program to help purchase groceries (Bridge card/food stamps).	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Apply online for food assistance program (Bridge card/food stamps).	Department of Human Services	n/a	https://www.mibridges.michigan.gov/access/
Food assistance and nutrition education for pregnant women, infants, and children up to age 5 through the WIC program.	Macomb County Health Department	586-469-5741	http://www.macombcountymi.gov/publichealth/
Supplemental staple food items distributed once a month.	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Supplemental staple food items distributed once a month to homebound senior citizens.	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
Senior Project FRESH coupons for people over age 60 to purchase fresh fruit/vegetables.	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
To purchase a box of fresh and frozen items at a reduced cost.	Angel Food Ministries	1-888-819-3745	http://www.angelfoodministries.com/
Nutrition education including food buying, preparation skills, meal planning, and budgeting.	MSUE	586-469-6432	http://www.macombcountymi.gov/msuextension/
Free or reduced cost meals for school-age children.	local school districts	Call MISD for district contact information: 586-228-3300	http://www.misd.net/Directory/
20% discount off regularly priced Kmart brand grocery/drugstore merchandise for six months to eligible customers who register online for the program.	Kmart Smart Assist	1-866-KMART-4U (1-866-562-7848)	http://www.kmart.com/smartassist

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HEALTH CARE			
Service Provided	Agency/Organization	Phone Number	Web site
INSURANCE			
Links to health coverage information.	State of Michigan	n/a	http://www.michigan.gov/helpinghand
COBRA health insurance continuation coverage.	US. Department of Labor	1-866-4-USA-DOL	http://www.dol.gov/
Health insurance for seniors and disabled people (Medicare).	Social Security (Federal)	1-800-633-4227 (1-800-MEDICARE)	http://www.ssa.gov/pgm/links_medicare.htm
Health insurance for people over age 65, under age 21, disabled, pregnant, or the parent of a minor child (Medicaid).	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Low cost health insurance for children (under age 19) through MICHild.	State of Michigan	1-888-988-6300	http://www.michigan.gov/mdch/
For people with no other health insurance and very low income, the Adult Medical Program is available, but only accepts applications a few months of the year.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Medical coverage for qualified, low income Macomb County residents through Macomb Care Connect.	Macomb Health Plan	1-866-622-6620	http://www.macombhealthplan.org/
Health insurance with premiums split 1/3 by the employer, employee and Macomb Health Plan (Macomb Blue) for eligible employers/employees.	Macomb Health Plan	1-866-622-6620	http://www.macombhealthplan.org/
DENTAL			
Preventive and restorative dental treatment for preschoolers, children and adults.	Macomb County Health Department	586-465-9152	http://www.macombcountymi.gov/publichealth/
Discounted dental procedures program (\$69 per year/per household).	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
VISION			
Free eye exam/glasses for people over age 60 who meet income guidelines.	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/

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HEALTH CARE			
Service Provided	Agency/Organization	Phone Number	Web site
CLINICS / SCREENINGS			
Links to free or low-cost health clinics.	State of Michigan	n/a	http://www.michigan.gov/helpinghand
Clinics for people with no health insurance and low income.	Neighbors Caring for Neighbors	Mount Clemens: 586-469-3750, Washington Twp: 586-677-3788	http://www.henryfordmacomb.com/body_macomb.cfm?id=50879
Community health clinic including medical, behavioral and educational health.	Downriver Community Services	586-749-5197	http://www.downrivercs.org/
Community Health Outreach including health information and community referral services.	Macomb County Health Department	Clinton Twp: 586-792-8846, Mount Clemens: 586-469-7694	http://www.macombcountymi.gov/publichealth/
Immunizations for children and adults.	Macomb County Health Department	Mount Clemens: 586-469-5372, St. Clair Shores: 586-466-6800, Warren: 586-465-9152	http://www.macombcountymi.gov/publichealth/
Free vision and hearing screenings for preschool and school-age children. Referrals and follow-up for children unable to pass screening.	Macomb County Health Department	586-412-5945	http://www.macombcountymi.gov/publichealth/
Family planning including birth control supplies, pelvic exams, pap smears, breast exams, pregnancy testing, sexuality and abstinence education.	Macomb County Health Department	586-469-5491	http://www.macombcountymi.gov/publichealth/
Pregnancy testing, peer counseling, referrals, and material assistance.	Compassion Pregnancy Center	586-783-2229	http://www.compassionpregnancy.org/
Pregnancy counseling, parenting education, and material assistance.	Catholic Services of Macomb	586-416-2300	http://www.csmacomb.org/
Breast and cervical cancer screenings, including breast exams, mammograms, pelvic exams, and pap smears.	Macomb County Health Department	586-412-3384	http://www.macombcountymi.gov/publichealth/
Sexually transmitted disease testing and treatment.	Macomb County Health Department	586-465-9217	http://www.macombcountymi.gov/publichealth/
Sexually transmitted disease testing and treatment, pregnancy testing and other sexual health services.	Planned Parenthood	586-558-0101	http://www.plannedparenthood.org/
HIV/AIDS confidential and anonymous counseling and testing and referrals for community resources.	Macomb County Health Department	586-465-8434	http://www.macombcountymi.gov/publichealth/

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HEALTH CARE			
Service Provided	Agency/Organization	Phone Number	Web site
CLINICS / SCREENINGS (continued)			
Cardiovascular disease risk reduction including free community blood pressure screening and community-based cardiovascular disease risk assessment.	Macomb County Health Department	586-412-3387	http://www.macombcountymi.gov/publichealth/
Tuberculosis diagnosis and treatment, medical consultation, TB medication.	Macomb County Health Department	586-469-5421	http://www.macombcountymi.gov/publichealth/
Communicable disease foreign travel information and referral.	Macomb County Health Department	586-469-5473	http://www.macombcountymi.gov/publichealth/
To access mental health services.	Macomb County Community Mental Health	586-948-0222	http://www.mccmh.net/
For a range of behavioral health services including counseling and therapy.	Catholic Services of Macomb	586-416-2300	http://www.csmacomb.org/
For help with crisis situations 24 hours a day, 7 days a week.	Macomb County Community Mental Health	586-307-9100	http://www.mccmh.net/
For substance abuse information and referrals.	CARE	586-541-2273	http://www.careofmacomb.com/
Medical supply loan closet.	Macomb County Senior Citizen Services	586-469-6317	http://www.macombcountymi.gov/seniorservices/
Child Passenger Safety including free car seat checks on already-installed and new installations.	Macomb County Health Department	586-412-3398	http://www.macombcountymi.gov/publichealth/

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HEALTH CARE			
Service Provided	Agency/Organization	Phone Number	Web site
PRESCRIPTION HELP			
For people who have no prescription coverage, Macomb Prescription Program provides discounts.	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
Low income people ages 19-59 without Rx coverage can apply for free prescriptions from pharmaceutical companies.	Henry Ford Hospital	586-263-2110	http://www.henryford.com/
Low income people over age 60 without Rx coverage can apply for free prescriptions from pharmaceutical companies.	Macomb County Senior Citizen Services	586-469-6316	http://www.macombcountymi.gov/seniorservices/
Prescription co-pay assistance programs for people over age 60.	Macomb County Senior Citizen Services	586-469-6316	http://www.macombcountymi.gov/seniorservices/
Searchable database of prescription assistance programs.	Rx Assist	n/a	http://www.rxassist.org
Prescription assistance program.	World Medical Relief	313-866-5333	http://www.worldmedicalrelief.com/
Prescription assistance program.	Partnership for Prescription Assistance	1-800-4PPA-NOW (888-477-2669)	www.pparxmi.org
Prescription assistance program.	Astra-Zeneca	1-800-AZandMe (1-800-292-6363)	http://www.astrazeneca-us.com/help-affording-your-medicines/
Prescription assistance program.	Pfizer, Inc.	1-866-706-2400	http://www.pfizerhelpfulanswers.com
Prescription assistance program.	Lilly Cares	1-800-545-6962	http://www.lillycares.com/

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HOUSING			
Service Provided	Agency/Organization	Phone Number	Web site
Links to housing emergency information, foreclosure help, buying a home, paying rent, and finding rental housing information.	State of Michigan	n/a	http://www.michigan.gov/helpinghand
Classes and counseling on affordable housing, home ownership, facing foreclosure.	MSUE	586-469-5180	http://www.macombcountymi.gov/msuextension/
Home repair program (currently temporarily suspended).	Macomb County Planning Department	586-469-5285	http://www.macombcountymi.gov/MCPED/
Home repair (hot water heater, doors/windows, electrical, plumbing, roofs) through State Emergency Relief. Lifetime limit \$1500.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Lower utility bills through installation of free energy saving weatherization measures.	MCCSA	586-469-6329	http://www.macombcountymi.gov/mccsa/
Assistance with rent/mortgage.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Assistance with rent/mortgage.	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Low income housing list available (also on <macombresources.info>).	Department of Human Services/online	online <macombresources.info>	http://macombresources.info/
Low income housing lists for senior citizens, nursing homes, assisted living, retirement communities, and respite care.	Macomb County Senior Citizen Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
Housing assistance vouchers for very low income people (formerly Section 8).	U.S. Department of Housing and Urban Development	313-456-3540	http://www.hud.gov/offices/pih/programs/hcv/
Permanent supportive housing for people with disabilities.	Community Housing Network	866-282-3119	http://www.communityhousingnetwork.org/

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HOUSING			
Service Provided	Agency/Organization	Phone Number	Web site
HOMELESS			
To locate emergency homeless shelter.	Department of Human Services / United Way	1-800-A-SHELTER (274-3583) or 2-1-1 (1-800-552-1183)	n/a
Temporary shelter for 30 days.	MCREST	586-415-5101	http://www.mcrest.org/
Temporary shelter for 30 days.	Salvation Army MATTS	586-755-5191	http://www.usc.salvationarmy.org/
Warming center (November through March).	Warming Center	586-321-0998	http://www.warmingcenter.org/
Temporary shelter for domestic violence victims.	Turning Point	586-463-6990	http://www.turningpointinc.com/
Temporary shelter for youth under 18 years old.	Family Youth Interventions	586-465-1212	http://www.familyyouth.com/
Transitional housing based on situation (individual adults, pregnant women, families).	multiple facilities	2-1-1 (or 1-800-552-1183)	n/a
Supportive services and first month's rent/security deposit assistance for homeless who are mentally ill.	Macomb County Community Mental Health (PATH)	586-469-6152	http://www.mccmh.net/
Supportive services and first month's rent/security deposit assistance for homeless who are mentally ill.	Liberties, Inc.	North: 586-954-1590; South: 586-777-8094	n/a
Services for homeless school-age children.	MISD	586-228-3300	http://www.misd.net/Homeless

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MONEY MANAGEMENT			
Service Provided	Agency/Organization	Phone Number	Web site
Free tax preparation and filing.	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Free tax preparation and filing (VITA sites)	Accounting Aid Society	2-1-1 (or 1-800-552-1183)	http://www.accountingaidsociety.org/pages/taxassistance.cfm
Classes on living with less, credit, and money management/budgeting.	MSUE	586-469-5180	http://www.macombcountymi.gov/msuextension/
Consumer credit counseling including mortgage delinquency, debt and homebuyer counseling.	Greenpath Debt Solutions	1-800-550-1961	http://www.greenpath.com/
Tax relief for people unable to pay their property taxes.	Local municipalities	varies by municipality	n/a

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TRANSPORTATION			
Service Provided	Agency/Organization	Phone Number	Web site
Bus service (fixed route, flexible route, job express)	SMART	1-866-962-5515	http://www.smartbus.org
Community transit within local communities.	SMART/municipalities	various municipalities	http://www.smartbus.org
Ride share program.	Southeast Michigan Council on Governments	1-866-510-7665	http://www.semco.org/
Transportation services for a per hour cost.	Macomb County Senior Citizen Services	586-469-6317	http://www.macombcountymi.gov/seniorservices/
Transportation for seniors and disabled.	Macomb County Interfaith Volunteer Caregivers	586-757-5551	http://www.mcivc.org/
Transportation to essential medical appointments (chemotherapy, dialysis).	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Funds for car purchase and repair.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Car repairs, gas vouchers.	Salvation Army	586-469-6712	http://www.usc.salvationarmy.org/

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UTILITIES			
Service Provided	Agency/Organization	Phone Number	Web site
Links to support information including saving on phone service and utility shutoff information.	State of Michigan	n/a	http://www.michigan.gov/helpinghand
Lower utility bills through installation of free energy saving weatherization measures.	MCCSA	586-469-6329	http://www.macombcountymi.gov/mccsa/
Utility budget plans and winter protection from shutoff.	Consumers Energy, DTE, SEMCO	Consumers Energy: 1-800-477-5050, DTE: 1-800-477-4747, SEMCO: 1-800-624-2019	http://www.consumersenergy.com/ , http://www.dteenergy.com , http://www.semcoenergygas.com/
Help with utility shutoff notice.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Help with utility shutoff notice.	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Help with utility shutoff notice.	Macomb County Senior Citizens Services	586-469-6313	http://www.macombcountymi.gov/seniorservices/
Help with utility shutoff notice.	Salvation Army	Warren: 586-754-7400, Mount Clemens: 586-469-6712	http://www.usc.salvationarmy.org/
Help with utility shutoff notice.	Faith Based Organizations/Church Coalitions	various, referral through MCCSA	n/a
Help with deliverable fuels (wood, coal, propane, fuel oil) - 30 day supply.	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Help with deliverable fuels (wood, coal, propane, fuel oil).	MCCSA	New Haven: 586-749-5146, Mount Clemens: 586-469-6964, Warren: 586-759-9150	http://www.macombcountymi.gov/mccsa/
Repair or replacement of non-functioning furnace through State Emergency Relief policy (maximum lifetime amount \$4000).	Department of Human Services	Mount Clemens: 586-469-7700, Sterling Heights: 586-254-1500, Warren: 586-427-0600	http://www.michigan.gov/dhs
Free cellular phone service.	Safelink Wireless	1-800-977-3768	http://www.safelinkwireless.com/
Discounted land line phone service.	Lifeline and Link Up	1-888-641-8722 or your local phone company	http://www.lifelinesupport.org
Free public internet access.	local libraries	Suburban Library Cooperative: 586-685-5750	http://www.libcoop.net/slclibraries.html

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LEGAL SERVICES			
Service Provided	Agency/Organization	Phone Number	Web site
Legal advice, representation and referral for persons 60 years or older.	Macomb County Senior Citizen Legal Services	586-469-6406	http://www.macombcountymi.gov/seniorservices/
Free half hour consultation with an attorney.	Macomb County Bar Association	586-468-3300	http://www.macombbar.org/
Legal advice and consultation (no lawsuits) to those under national poverty guidelines: landlord-tenant; family law; employment; and workplace law.	Salvation Army Legal Aid Clinic	313-361-6340	http://www.usc.salvationarmy.org/
Student representation of indigent senior citizens in all aspects of consumer fraud, health benefits, predatory lending and economic abuse cases.	University of Detroit - Mercy Urban Law Center	313-596-0262	http://www.law.udmercy.edu/
A not-for-profit law firm providing a range of free civil legal services to low income people and seniors. Cannot provide legal assistance in criminal matters and services may be limited.	Lakeshore Legal Aid	1-888-783-8190	http://www.lakeshorelegalaid.org/
A not-for-profit law firm providing a range of free civil legal services to low income people and seniors.	Legal Aid & Defender Association, Inc.	1-877-964-4700	http://www.ladadetroit.org/

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