

News

Macomb County
Office of Public Affairs



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Contacts: Phil Frame
Office of Public Affairs
586-469-5125
phil.frame@macombcountymi.gov

“FOCUS ON ME” SUPPORT GROUP OFFERED

The Macomb County Department of Senior Citizen Services sponsors “Focus on Me,” a support group for caregivers who take care of loved ones needs, but neglect themselves in the process.

This group will focus on taking care of the caregivers and dealing with issues they face on a day to day basis. This group will meet from 9:30-11:30 a.m. Tuesday, Oct. 19, at the VerKuijen Building Senior Services Auditorium, Entrance C, 21885 Dunham Road, Clinton Township.

Subsequent meetings will be held on the third Tuesday of each month, and discussion will be tailored to the interest and needs of the participants. If interested in participating and to confirm attendance, please call Barbara Towler at 586-493-0664.

The Macomb County Department of Senior Citizen Services is sponsored by the Macomb County Board of Commissioners and receives county funds for all services, as

well as funds from the Area Agency on Aging 1-B, state appropriations, the Older American Act and the Family Independence Agency.

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