

News

Macomb County
Office of Public Affairs



FOR IMMEDIATE RELEASE
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EDITORS NOTE: This release is a compilation of the individual support group releases; it contains the same information as the individual releases.

MACOMB COUNTY SENIOR CITIZEN SERVICES OFFERS SUPPORT GROUPS

MOUNT CLEMENS – The Macomb County Senior Citizen Services Department sponsors a wide selection of support groups aimed at helping seniors and those caring for seniors.

The groups deal with a range of topics including grief support, late life divorce, grandparents raising grandchildren, and people caring for family members. Each group meets once a month, is free of charge and always welcomes new members.

New Beginnings Grief Support Group

- For people 55 years old or older who are learning to live with loss.
- Next meeting 10 a.m. to noon Tuesday, Jan. 4, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township.

Late Life Divorce Support Group

- For people 55 years old or older and have gone through or are going through a divorce.

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- Next meeting 1:30 to 3:30 p.m. Wednesday, Jan. 5, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township.

Focus on Me Support Group

- For caregivers who focus on loved ones' needs instead of their own.
- Next meeting 9:30 to 11:30 a.m. Tuesday, Jan. 18, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township.

Grandparents Raising Grandchildren Support Groups

- For grandparents raising their grandchildren or other kinship caregivers.
- Next meeting 9:30 to 11:30 a.m. Tuesday, Jan. 11, at the Washington Senior Center, 57880 Van Dyke Ave. between 26 and 27 Mile roads, Washington Township
- or, 7 to 9 p.m. Wednesday, Jan 19, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township
- or, 6 to 8 p.m. Tuesday, Jan. 25, at Mt. Calvary Lutheran Church, 8129 Packard Ave., Warren

Caregivers Support Groups

- For people caring for a family member with Alzheimer's or other dementia-related diseases
- Next meeting 10 a.m. to noon Wednesday, Jan. 5, at Knox Presbyterian Church, 25700 Crocker Blvd. at Metropolitan Parkway, Harrison Township
- or, 6:30 to 8:30 p.m. Thursday, Jan. 6, at the Washington Senior Center, 57800 Van Dyke Ave. between 26 and 27 Mile roads, Washington Township. This support group is open to persons that are caregiving for any reason.

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The Macomb County Department of Senior Citizen Services is sponsored by the Macomb County Board of Commissioners and receives county funds for all services. Funding for the department also comes from the Area Agency on Aging 1-B, the state of Michigan, the Older American Act and the Family Independence Agency.

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