

News



Macomb County Library

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Doctor shares anti-aging tips at Macomb County Library

CLINTON TOWNSHIP, Mich. – A doctor specializing in aging will give tips on maintaining vision, memory and mobility during a program at the Macomb County Library.

The program at 7 p.m. Tuesday, Oct. 2, features Dr. Pamela Smith offering her “Top Three Anti-Aging Tips.” Smith, who is board-certified in anti-aging medicine, is owner and director of The Center For Healthy Living and Longevity with locations in Bloomfield Hills, Ann Arbor, Center Line, Rochester, Flint, Saginaw and Traverse City. She is a member of the American Academy of Anti-Aging Physicians and is a board examiner.

This program is free, but seating is limited and registration is required. Call the Macomb County Library 586-286-6660 to register or for further information. The library is located at 16480 Hall Road, west of Garfield, in Clinton Township.

Visit www.macombcountylibrary.org for hours and information about other programs.

The Macomb County Library and its many programs and services are a public service of the Macomb County Board of Commissioners.

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