

News

Macomb County
Office of Public Affairs



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Healthy Kids Healthy Futures Coalition hosts Fun & Fitness Day, May 16

MOUNT CLEMENS, Mich. – The Macomb County Healthy Kids Healthy Futures Coalition invites families to a “Fun and Fitness Day” from 10 a.m. to 2 p.m. Saturday, May 16, in Roseville.

The event will be held at Veterans Memorial Park, 27325 Barkman Road, Roseville.

Families are encouraged to take a walk on the park’s footpath, have fun on obstacle course, play in the inflatables, and visit the coalition’s resource pavilion filled with activity and nutrition materials.

Experts also will be present to answer health or family related questions. Free pedometers will be given to adults who walk the path. There also will be a raffle for children’s bicycles, scooters, Big Wheels and other prizes. Free snacks and water will be provided.

Healthy Kids Healthy Futures Coalition is a community-based coalition with active participation from local agencies that share a common mission to promote healthy nutrition and physical activity among Macomb County children. The long-range goal of Healthy Kids Healthy Futures Coalition is to reduce the incidence of childhood obesity and chronic diseases such as Type II diabetes, high blood pressure and cardiovascular disease.

Further information about the coalition or the event is available by calling 586-412-3399, or by visiting www.healthykidshealthyfutures.com.

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