

News

Macomb County
Office of Public Affairs



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Contact: Phil Frame
Office of Public Affairs
586-469-7239
phil.frame@macombcountymi.gov

2007 caregiver support group

MOUNT CLEMENS, Mich. – The Macomb County Department of Senior Citizen Services is offering a support group for those caring for older friends or relatives with physical or mental limitations.

The “All About You” support group helps participants develop coping skills, including tips on how to reduce stress. The licensed counselor who leads the meetings will cover different topics each month.

Sessions will be held from 10 a.m. to noon on the third Tuesday of each month at the VerKuilen Building Senior Auditorium, 21885 Dunham Road, Clinton Township.

The program is free, but registration is required. Supervised care for adults is available during the meeting for a fee of \$10.

For more information or to register, call 586-466-6817.

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