

Make Teens Very Healthy

Just like infants, adolescents need vaccines to stay healthy.
Make sure your child is up-to-date before school starts.

How To:	Vaccine:	Protects Against:
<u>M</u>ake	Meningococcal Conjugate (MCV4)*	<u>Meningitis</u> - Can cause loss of arms, legs, or even death. Can easily spread by coughing, kissing, sharing drinks and silverware or through physical contact.
<u>T</u>eens	Tetanus/ Diphtheria/ Acellular Pertussis (Tdap)*	<u>Tetanus</u> – Usually found in soil and enters the body through a cut or wound. Can cause muscles to tighten making it hard to breathe, eat, or move. It can lead to death.
		<u>Diphtheria</u> – can lead to breathing problems, paralysis, heart failure, and death. Spread by coughing or sneezing.
		<u>Pertussis</u> (whooping cough) – Can cause severe coughing spells that make it hard to breathe. If passed on to infants, it may be life-threatening.
<u>V</u>ery	Varicella or Chickenpox (Var)*	<u>Chickenpox</u> - Can cause bumps, blisters, itching, and fever. It can lead to a serious infection, scars, brain damage, trouble breathing, or even death. Children need two doses of vaccine or a history of chickenpox disease.
<u>H</u>ealthy	Human Papillomavirus (HPV4 or HPV2)	<u>Cervical Cancer</u> - the 2 nd leading cause of cancer deaths among women around the world. Can cause genital warts in males and females. It only takes three shots to be protected.

* These vaccines will be required for all children 11 - 18 years of age who are changing school districts or who are enrolled in 6th grade, beginning January 1, 2010.

For more information about teen vaccines, visit:
www.michigan.gov/teenvaccines
www.aimtoolkit.org

Michigan Department
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