



H1N1 Flu & Your Child

Did you know?

Young children, pregnant women and young adults are at a greater risk for flu infections and its complications. There are vaccines that may protect you or your loved one from flu viruses. There are 2 flu vaccines this year:

- Seasonal flu vaccine available in September- get your shot now
- H1N1 flu vaccine available later in the fall

There are groups that are considered a priority for the H1N1 vaccine. They are:

- Pregnant women
- Parents and caregivers of children less than 6 months old (babies under 6 months of age may not receive the vaccine)
- **Babies, children and young adults 6 months to 24 years old**

In addition to getting your children vaccinated, remember these tips:

- Wash hands often
- Stay away from people who are sick
- Avoid touching the eyes, nose and mouth
- Keep sick kids home and follow public health advice

Macomb County Health Department offers 3 Clinic locations for seasonal flu vaccines.

Central Health Center 586-469-5372

43525 Elizabeth Mt. Clemens, MI 48043

Southeast Health Center 586-466-6800

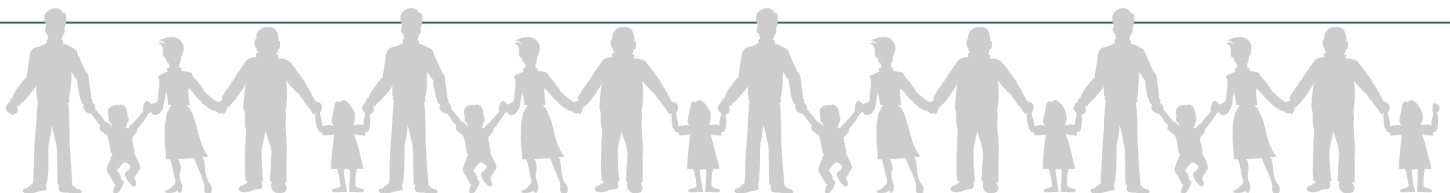
25401 Harper St. Clair Shores, MI 48081

Southwest Health Center 586-465-8537

27690 Van Dyke Warren, MI 48093



Keep Alert! Additional locations for seasonal and H1N1 flu vaccines will be announced soon. www.macombcountymi.gov/publichealth Macomb County Flu Hotline 586-466-7923



Sponsored by the Macomb County Board of Commissioners and administered by the Macomb County Health Department.