



NEW HORIZONS
ANTI--DEPRESSION SUPPORT GROUP
(Making the Best of Each Day)

WHEN: Second Wednesday of each month
10:00 AM – 12:00 Noon

WHERE: Sterling Heights Senior Center
40200 Utica Road
586-446-2750

FACILITATED BY: Bobbi Knapp
Licensed Professional Counselor
For further information, call (586) 469-6708

COURTESY OF: The Macomb County Department of
Senior Citizen Services
AND
The Sterling Heights Senior Center



*The Macomb County Department of Senior Citizen Services
Is sponsored by the Macomb County Board of Commissioners.
For more information on this and other senior programs,
Contact Information and Referral at 586-469-6313 or
www.macombcountymi.gov/seniorservices*

